

COMMERCIAL BABY FOODS CONTAINING MILK

Heinz

Mums own jars

Breakfasts/Desserts

Apple and banana breakfast
Apple and mango breakfast
Apple and pear cream fool
Apple crumble with vanilla custard
Apple rice pudding
Apple rice pudding with a hint of cinnamon
Banana and chocolate dessert
Banoffee pudding
Creamed porridge
Egg custard
Fruit custard crumble
Mango and peach yoghurt
Raspberry and banana whip
Strawberry peaches and cream

Savoury Jars

Apricot butternut and chicken risotto
Cauliflower and broccoli cheese
Cheesy pasta with ham
Cheesy parsnip and apple
Cheesy spaghetti with 5 veggies
Cheesy vegetables with spaghetti
Cheesy tomato pasta stars
Cottage pie (all stages)
Fruity chicken casserole
Pasta and pesto chicken
Seaside pasta with tuna
Shepherds pie
Sweet vegetables and pasta stars
Vegetable and sweet potato medley

Mums own trays

Cottage pie
Juicy apricot chicken with rice
Pasta with chicken and cheese sauce

Cook at home

Basil Pesto Sauce
Four cheese ravioli
Mild and fruity chicken curry sauce
Mediterranean ravioli
Spinach ricotta ravioli
Three cheese sauce
Vegetable tortellini

Heinz cans

Beans with vegetables and bacon
Beans with vegetables and sausage
Cauliflower cheese pasta and potato
Cheesy hoops potato and cauliflower
Chocolate pudding
Creamed porridge
Egg custard with rice
Rice pudding
Spaghetti hoops and pork sausage
Sausage pasta bake
Strawberry cheesecake
Tomato beans and sausage
Tomato beans and bacon

Dried baby foods

Banana multigrain cereal
Cauliflower and broccoli cheese
Cheesy vegetable pasta
Creamy oat porridge
Discovery numbers
Fruit and yogurt
Fruity muesli
Golden vegetables and chicken
Mediterranean vegetables and rice
Mini berry flakes
Oats and apple cereal
Oat and banana cereal
Peachy porridge
Shepherds pie with lamb
Summer fruit cereal
Sunrise banana cereal

Rusks/biscuits/crackers

Apple biscotti
Chocolate biscotti
Gingerbread biscotti
Gluten free rusk
Mini cheese crackers
Mini veggie crackers
Organic biscotti
Organic gingerbread

Fruity pots

Apple and Mango fruity custard pot
Banana fruity custard pot
Fruit medley fruity custard pot

Plum Baby foods

Meals

Aubergine and sweet red pepper provencale
Bean and beef cassoulet with tomato
Buttery root vegetables and green lentils
Carrot lentil and cheddar
Ditalini pasta with pesto and supergreens
Parsnip carrot and cheddar mash
Root vegetable and beef ragout

Sauces

Mild vegetable masala sauce
Spinach and basil pesto sauce

Snacks

Multigrain rings with gouda and cheddar cheese
Savoury bakes with parmesan
Spelt breadsticks with mild pecorino cheese

Fromage frais

All varieties

COMMERCIAL BABY FOODS CONTAINING MILK

Cow & Gate

Breakfast baby foods

Apple & banana porridge
Banana porridge
Creamed porridge
Creamy porridge
Fruit muesli
Fruity porridge

Aptamil cereals

Creamy porridge
Multigrain breakfast
Porridge with spelt

Savoury jars/meals

Baby cauliflower cheese
Beef casserole
Beef stroganoff
Broccoli cheese
Cheesy pasta with tomatoes and vegetables
Cheesy vegetable lasagne
Cheesy vegetables
Creamy chicken
Creamy cauliflower cheese
Creamy mushroom and chicken noodle doodle
Creamy parsnip and potato
Mamma's macaroni
Mini beef casserole
Orchard chicken
Oriental chicken
Pasta and creamy carbonara

Little steamed meals

Beef casserole with country vegetables
Creamy chicken with courgettes
Pasta with tomato spinach and cheese

Desserts

Apple and banana swirl
Apple and banana yogurt
Apple and cookie crumble
Apple apricot and banana yogurt
Apple crumble
Apples and custard
Banana dairy dessert
Banana and cookie crumble
Banana custard
Banana delight
Banana yoghurt
Egg custard
Fruity crumble
Juicy fruit crumble
Peach dairy dessert
Raspberry dairy dessert
Rice pudding
Strawberry dairy dessert
Strawberry yogurt

Organix

First cereals

Creamy apple and raspberry cereal
Creamy oat porridge

Savoury jars/pots

Thai chicken and rice
Vegetable korma with wholegrain rice
Vegetables with cheese and rice (stage 2)
Wholegrain pasta with chicken and broccoli
Wholegrain pasta with pea and pesto

Sweet pots

Apple mango and banana yoghurt
Apple and mango rice pudding
Banana porridge
Banana strawberry dual
Peach fruity custard
Peach breakfast dual

Biscuits/finger foods

Baby finger biscuits
Cheese and herb puffs
Cheese and onion number bites
Cheese puffs
Cocoa and raisin soft oaty bars
Moon biscuits
Organic baby biscuits
Organic soft rusks
Tomato puffs

Ella's Kitchen

Stages 2 & 3

(stage 1 foods are milk free on 15/12/10)

Apple and raisin oat crumble
Baby brekkie (all varieties)
Chicken and sweetcorn mash
Fabulously filling fish pie with mash
Rice pudding
Super scrummy salmon risotto

Babylicious/Kiddylicious

Cheesy pasta with tomato and basil
Cottage pie (kiddylicious)
Creamy salmon and broccoli mornay
Frozen yoghurts (all flavours)
Fruity chicken curry and rice
Lasagne
Pasta with broccoli, cheese and tomato
Potato topped tuna and sweetcorn pie
Vegetable and Cod in parsley sauce

COMMERCIAL BABY FOODS CONTAINING MILK

Hipp Organic

Stage 1

Apple and banana crumble
Banana custard
Banana yogurt breakfast
Creamed porridge breakfast
Creamy rice breakfast
Cauliflower cheese
Cheesy spinach and potato bake
Creamy parsnip, potato and cauliflower
Fruit and yogurt (all varieties)
Penne with tomato and courgette
Rice pudding
Vegetable and lentil bake

Stage 2

Apple and vanilla dessert
Breakfast duet (all varieties)
Cheesy pasta bake
Cocoa and vanilla dessert
Creamy porridge breakfast
Creamy rice pudding
Creamy vegetable pasta
Fruit duet (all varieties)
Mediterranean potato and lamb
Rice pudding with apple and pear
Rigatoni napoli
Spaghetti carbonara
Spaghetti with tomatoes and mozzarella
Strawberry and raspberry yogurt
Vegetable lasagne

Stage 3

Cheesy vegetable jumble
Chunky vegetable and beef casserole
Creamy rice pudding with apple
Gnocchi with creamy leek sauce
Pancakes with apple and cinnamon sauce
Pasta with tomatoes and mozzarella

Spaghetti carbonara
Vegetable and turkey casserole

Stage 4

Pasta twists with courgette and mozzarella
Vegetable lasagne

Dried baby foods

Banana and peach breakfast
Creamy porridge
Creamy rice and apple breakfast

Microwaveable

Hearty vegetable and beef casserole
Potato, pumpkin and chicken scramble
Scrumptious lasagne
Squiggly spaghetti in tasty tomato and
Wholesome vegetable and chicken risotto

Pots

Creamed root vegetables with apple
Sweet red pepper and aubergine penne
Fruity vegetable tajine with couscous
Cheesy leek and chicken macaroni
Mediterranean ratatouille with gnocchi

Biscuits

Biscottes
Crumbly rusks
Elephant biscuits

Please note that this list does not include all manufacturers and recipe ingredients may change since the time of last review. This list is not intended for use for allergen-free shopping. It is important to check ingredient lists and labels if your child has a diagnosed food allergy.

COMMERCIAL BABY FOODS CONTAINING EGG

Heinz

Mums own jars

Apple crumble with vanilla custard
Cheesy pasta with tomatoes
Cheesy spaghetti with 5 veggies
Egg custard
Fruit custard crumble
Spaghetti Bolognese (10+ months)

Mums own trays

Pasta with chicken and cheese sauce

Heinz cans

Cauliflower cheese pasta with potato
Cheesy hoops potato and cauliflower
Egg custard with rice
Spaghetti bolognese (7+ months)

Cook at home

Four cheese ravioli
Mediterranean ravioli
Spinach ricotta ravioli
Vegetable tortellini

Hipp Organic

Stage 2

Spaghetti carbonara

Stage 3

Gnocchi with creamy leek sauce
Mediterranean ratatouille with gnocchi
Pancakes with apple and cinnamon sauce
Pasta with tomatoes and mozzarella
Spaghetti carbonara
mozzarella sauce

Stage 4

Pasta twists with courgette and mozzarella
Spaghetti bolognese
Vegetable lasagne

Microwavable meals

Chunky vegetable pasticcio
Classic spaghetti bolognese
Squiggly spaghetti in tasty tomato and mozzarella sauce
Scrumptious lasagne

Cow and Gate

Savoury jars/meals

Cheesy pasta and sweet vegetable
Cheesy vegetable lasagne
Chicken, pasta and sweet vegetables
Creamy mushroom and chicken noodle doodle
Mamma's macaroni
My favourite spaghetti bolognese
Pasta and creamy carbonara
Scrummy spaghetti bolognaise
Scrummy tuna penne
Sweet squash and chicken
Tuna pasta in a creamy tomato sauce

Little steamed meals

Creamy chicken pasta with tomato and mushroom sauce
Pasta with tomato, spinach and cheese
Spaghetti Bolognese
Turkey with red pepper and carrots

Desserts

Egg custard

Organix

All Organix products are egg free (on 15/12/10)

Plum Baby foods

All Plum products are egg free (on 15/12/10)

Ella's Kitchen

Apple and raisin oat crumble

Babylicious/Kiddylicious

Sweet and sour vegetables with rice

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COMMERCIAL BABY FOODS CONTAINING WHEAT

Heinz

Mums own jars

Apple crumble with vanilla custard
Cheesy pasta with ham
Cheesy vegetables with pasta
Cheesy vegetables with spaghetti
Cheesy spaghetti with 5 vegetables
Cheesy tomato pasta stars
Fruit custard crumble
Pasta bolognese
Pasta and pesto chicken
Peach and chicken pasta
Seaside pasta with tuna
Spaghetti bolognese
Sweet vegetables and pasta stars

Mums own trays

Pasta with chicken and cheese sauce

Cook at home

Baby pasta stars
Baby spaghetti
Four cheese ravioli
Little pasta animals with carrots and tomato
Mediterranean ravioli
Spinach ricotta ravioli
Vegetable tortellini

Heinz cans

Cauliflower cheesy pasta and potato
Cheesy hoops potato and cauliflower
Pasta bolognese
Sausage pasta bake
Spaghetti hoops and pork sausage
Spaghetti Bolognese (7+ months)
Strawberry cheesecake

Dried baby foods

Banana multigrain cereal
Cheesy vegetable pasta

Discovery numbers
Golden vegetables and chicken
Mini berry flakes
Oats and apple cereal
Oat and banana cereal

Rusks/biscuits

Apple biscotti
Banana rusks
Chocolate biscotti
It's all good cheese crackers
It's all goo vegetable crackers
Mini rusks
Original rusks
Organic biscotti
Organic Gingerbread biscotti
Reduced sugar rusks– original
Wholemeal rusks

Organix

Cereals

7 Multigrain cereal

Savoury Jars/pots

Chicken and red pepper lasagne
Fruity lamb, potato and cous cous
Pasta bolognese
Pasta stars with bolognese sauce (stage 2)
Wholegrain pasta with aubergine and peppers (stage 2)
Wholegrain pasta with chicken and broccoli
Wholegrain pasta with pea and pesto

Biscuits

Alphabet biscuits
Animal biscuits
Baby finger biscuits
Cheese and onion bites
Cocoa cookie bites

Gingerbread gang biscuits
Gingerbread men Orange cookie bites
Little sticks (tomato and basil)
Little sticks (traditional)
Moon biscuits
Oaties
Organic baby biscuits
Organic soft rusks
Tomato and basil bites

Plum Baby Foods

Breakfast

Apple and prune breakfast
Four grain muesli with apricot and banana
Four grain muesli with strawberry and banana
Four grain super porridge with apple and apricot
Four grain super porridge with plum and banana
Peach and pear spelt granola

Meals/desserts

Ditalini pasta with pesto and super greens
Giant cous cous with chicken, squash and red pepper
Root vegetable and beef ragout
Summer pudding

Snacks

Oat rounds with orange oil and ginger
Savoury bakes with parmesan
Savoury bakes with carrot
Spelt breadsticks with mild pecorino cheese
Spelt breadsticks with tomato
Spelt fingers with apple
Spelt fingers with pomegranate
Spelt minky moons with chamomile and vanilla

COMMERCIAL BABY FOODS CONTAINING WHEAT

Cow and Gate

Breakfast baby food

Apple and blueberry cereal
Baby whet flakes
Fruity muesli
Multigrain banana porridge
My first muesli
My first banana muesli

Aptamil cereals

Multigrain breakfast
Porridge with spelt

Savoury jars/meals

Autumn orchard chicken
Beef casserole
Beef stroganoff
Carrot, potato and lamb hotpot
Cheesy pasta with tomatoes and vegetables
Cheesy vegetable lasagne
Cheesy vegetables
Chicken and tasty vegetable pot
Chicken, pasta and sweet vegetables
Chicken sunday lunch
Creamy chicken
Creamy chicken curry
Creamed cottage pie
Creamy mushroom and chicken noodle doodle
Grandma's sunday lunch
Mamma's macaroni
Mediterranean beef stew
Mini beef casserole
My favourite spaghetti bolognese
Oriental chicken
Pasta and creamy carbonara
Scrummy spaghetti bolognese
Scrummy tuna penne
Sweet squash and chicken
Tasty cottage pie

Tuna pasta in a creamy tomato sauce
Yummy harvest chicken

Little steamed meals

Creamy chicken pasta with tomato and mushroom sauce
Pasta with tomato, spinach and cheese
Spaghetti Bolognese
Turkey with red pepper and carrots

Desserts

Apple and cookie crumble
Apple and pear
Apple crumble
Banana and cookie crumble
Fruity crumble
Juicy fruit crumble

Babylicious/Kiddylicious

Cheesy pasta with tomato and basil
Lasagne
Pasta with broccoli, cheese and tomato
Potato topped tuna and sweetcorn pie
Spaghetti bolognese

Ella's Kitchen

Stage 3 meals/sides

Super scrummy salmon risotto
Pasta- Has to be

Snacks

Apple and ginger baby cookies
Apple, raisin and cinnamon bakey bakies
Cheese and spinach bakey bakies
Milk and vanilla baby cookies
Orange and pear stacks of sticks
Wholegrain stacks of sticks

Hipp Organic

Jars/Pots

Apple and banana crumble

Breakfast duet (all varieties)
Cheesy leek and chicken macaroni
Cheesy pasta bake
Creamy vegetable pasta
Fruity vegetable tajine with couscous
Pancakes with apple and cinnamon sauce
Pasta in a tomato and ham sauce
Pasta italienne with ham
Pasta and pork with tomato and herbs
Pasta twists with courgette and mozzarella
Pasta with tomatoes and carbonara
Penne with tomato and courgette
Rigatoni napoli
Spaghetti bolognese
Spaghetti carbonara
Spaghetti with tomatoes and mozzarella
Sweet red pepper and aubergine penne
Vegetable lasagne
Vegetables with noodles and chicken

Microwaveable

Chunky vegetable pasticcio
Classic spaghetti bolognese
Scrumptious lasagne
Squiggly spaghetti in tasty tomato and mozzarella sauce

Dried baby foods/biscuits

Apple banana and 4 cereal breakfast
Creamy porridge (wheat-based)
Crumbly rusks
Elephant biscuits
Biscotti

This list does not include all manufacturers. Please refer to the note on page 3 and 4.