

Heinz

Mums own jars

Breakfasts/desserts

Apple and banana breakfast
 Apple and mango breakfast
 Apple crumble with vanilla custard
 Banana and chocolate dessert
 Chocolate & banana pudding
 Creamed porridge
 Egg custard
 Fruit custard crumble
 Raspberry and banana smoothie
 Strawberry peaches and cream

Savoury jars

Cauliflower and broccoli cheese
 Cheesy pasta with ham
 Cheesy tomato pasta stars
 Cheesy spaghetti & cheese with 6 veg
 Cottage pie (all stages)
 Fruity chicken casserole
 Pasta and pesto chicken
 Seaside pasta with tuna
 Shepherds pie
 Sweet vegetables and pasta stars

Mums own trays

Cottage pie
 Juicy apricot chicken with rice

Cook at home

Mild and fruity chicken curry sauce
 Three cheese sauce

Heinz cans

Beans with vegetables and bacon
 Beans with vegetables and sausage
 Cauliflower cheese pasta and potato
 Cheesy hoops potato and cauliflower
 Chocolate pudding
 Creamed porridge
 Egg custard with rice
 Rice pudding
 Spaghetti hoops and pork sausage
 Sausage pasta bake
 Strawberry cheesecake
 Tomato beans and sausage
 Tomato beans and bacon

Dried baby foods

Banana multigrain cereal
 Blueberry porridge
 Cheesy vegetable pasta
 Chocolate & banana pudding (4mths)
 Creamy oat porridge
 Fruit and yogurt
 Golden vegetables and chicken
 Mediterranean vegetables and rice
 Mini berry flakes
 Oats and apple cereal
 Oat and banana cereal
 Peach & apricot cereal
 Peachy porridge
 Summer fruit cereal
 Sunday chicken dinner
 Sunrise banana cereal

Rusks/biscuits/crackers

Apple biscotti
 Chocolate biscotti

Gluten free rusk

It's all good cheese crackers
 Organic biscotti
 Organic gingerbread

Fruity pots

Fruit medley custard pot

Plum Baby Foods

Breakfast

Banana and apricot oat porridge

Meals

Aubergine and sweet red pepper provencale
 Bean and beef cassoulet with tomato
 Buttery root vegetables and green lentils
 Carrot lentil and cheddar
 Ditalini pasta with pesto and supergreens
 Parsnip carrot and cheddar mash
 Root vegetable and beef ragout
 Salmon and spinach risotto

Sauces

Mild vegetable masala sauce
 Spinach and basil pesto sauce

Snacks

Multigrain rings with gouda and cheddar cheese
 Savoury bakes with parmesan
 Spelt breadsticks with mild pecorino cheese

Fromage frais

All varieties

COMMERCIAL BABY FOODS CONTAINING MILK

Cow & Gate

Breakfast baby foods

Banana porridge
Creamed porridge
Creamy porridge
Fruity porridge

Savoury jars/meals

Baby cauliflower cheese
Beef casserole
Beef stroganoff
Broccoli cheese
Cheesy pasta with tomatoes and vegetables
Cheesy vegetable lasagne
Cheesy vegetables
Creamy cauliflower cheese
Creamy mushroom & chicken with noodles
Creamy parsnip and potato
Mamma's macaroni
Mini beef casserole
Orchard chicken
Pumpkin and carrot with chicken

Little steamed meals

Country vegetable & beef casserole
Creamy vegetable & cod
Creamy cottage pie
Macaroni with beef & sweet vegetables
Pasta with tomato spinach and cheese

Desserts

Apple and banana swirl
Apple and banana yogurt
Apple and cookie crumble
Apricot apple and banana yoghurt
Apple crumble
Apple & custard fruity dessert
Banana and cookie crumble
Banana custard
Banana delight
Banana yoghurt
Egg custard
Fruity crumble
Juicy fruit crumble
Rice pudding
Strawberry yoghurt

Organix

First cereals

Banana porridge
Creamy apple and raspberry cereal
Creamy oat porridge
Pear & mango breakfast

Savoury jars/pots

Creamy chicken pasta with sweetcorn
Creamy wholegrain pasta cream vegetable
Pasta with chicken and broccoli
Pasta with pea and pesto
Pumpkin cheddar & lentil
Sweet potato cheddar & courgette
Thai chicken and rice
Tomato & beef risotto
Vegetable korma rice
Vegetables with cheese and rice (stage 2)

Sweet pots

Apple mango and banana yoghurt
Apple and mango rice pudding
Peach & yoghurt rice pudding (stage 1)
Creamy rice pudding (stage 1)
Pear, plum & yoghurt rice pudding

Biscuits/finger foods

Curly puff cheese and herbs
Curly puff tomato, cheese & herb
Moon biscuits
Organic baby biscuits
Plain soft rusks

Ella's Kitchen

(stage 1 foods are milk free on 15/12/11)

Apple and raisin oat crumble
Baby brekkie (all varieties)
Chicken and sweet corn mash
Fish pie
Milk & vanilla baby cookies
Rice pudding
Spag Bol

Babylicious/Kiddylicious

Cheesy pasta with tomato and basil
Cottage pie
Creamy salmon and broccoli mornay
Fisherman's pie with vegetables
Fruity chicken curry
Lasagne
Pasta with cheese, broccoli and tomato
Potato topped tuna and sweetcorn pie
Tomato & bean casserole

COMMERCIAL BABY FOODS CONTAINING MILK

Hipp Organic

Stage 1

Apple and banana crumble
Banana custard
Banana yogurt breakfast
Creamy porridge breakfast
Creamy rice breakfast
Cheesy spinach and potato bake
Penne with tomato and courgette
Rice pudding
Root vegetable & lentil bake
Tasty vegetable risotto

Stage 2

Apple and vanilla dessert

Breakfast duet (all varieties)
Cheesy pasta bake
Cocoa and vanilla dessert
Creamy porridge breakfast
Creamy rice pudding
Fruit duet (all varieties)
Rice pudding with apple & pear
Rigatoni napoli
Spaghetti carbonara
Spaghetti with tomatoes and mozzarella
Strawberry & raspberry yoghurt
Tomato, courgette & potato bake
Vegetable lasagne

Stage 3

Carrot leek & turkey bake
Chunky vegetable and beef casserole
Creamy rice pudding with apple
Pancakes with apple sauce
Pasta with tomatoes and mozzarella
Spaghetti carbonara

Stage 4

Pasta twists with courgette and mozzarella

Dried baby foods

Banana and peach breakfast
Creamy porridge

Fruit & cereal

Apple & pear
Banana & peach

Microwaveable

Hearty vegetable and beef casserole
Potato, pumpkin and chicken scramble
Scrumptious lasagne
Squiggly spaghetti in tasty tomato and mozzarella sauce*
Wholesome vegetable and chicken risotto*

Pots

Cheesy leek and chicken macaroni (stage 3)
Creamed root vegetables with apple
Fruity vegetable taine with couscous (stage 2)
Mediterranean ratatouille with gnocchi (stage 3)
Sweet carrot & pea risotto with chicken
Sweet red pepper and aubergine penne (stage 2)

Biscuits

Apple elephant biscuits
Crumbly rusks

Growing up meals

Shell pasta with juicy tomato & courgette
Sweet carrot & pea risotto with chicken

Please note that this list does not include all manufacturers and recipe ingredients may change since the time of last review. This list is not intended for use for allergen-free shopping. It is important to check ingredient lists and labels if your child has a diagnosed food allergy.

COMMERCIAL BABY FOODS CONTAINING EGG

Heinz

Mums own jars

Apple crumble with vanilla custard
Egg custard

Fruit custard crumble
Spaghetti bolognese (10+ months)

Heinz cans

Cauliflower cheese pasta with potato
Cheesy hoops potato and cauliflower
Egg custard with rice
Spaghetti bolognese

Hipp Organic

Stage 1

Pasta in tomato & ham sauce
Penne with tomato & courgette
Spaghetti bolognese

Stage 2

Spaghetti carbonara

Stage 3

Gnocchi with creamy leek sauce
Mediterranean ratatouille with gnocchi
Mozzarella sauce
Pancakes with apple and cinnamon sauce
Pasta with tomatoes and mozzarella
Spaghetti carbonara

Stage 4

Pasta twists with courgette and mozzarella
Spaghetti bolognese Vegetable lasagne

Microwavable meals

Chunky vegetable pasticcio
Classic spaghetti bolognese
Scrumptious lasagne
Squiggly spaghetti in tasty tomato and mozzarella sauce

Cow and Gate

Savoury jars/meals

Cheesy pasta and sweet vegetable
Cheesy vegetable lasagne
Chicken, pasta and sweet vegetables
Creamy mushroom and chicken noodle doodle
Mamma's macaroni
My favourite spaghetti bolognese
Pasta and creamy carbonara
Scrummy spaghetti bolognese
Scrummy tuna penne
Sweet squash and chicken
Tuna pasta in a creamy tomato sauce

Little steamed meals

Creamy chicken pasta with tomato and mushroom sauce
Pasta with tomato, spinach and cheese
Spaghetti bolognese
Turkey with red pepper and carrots

Desserts

Egg custard

Organix

All Organix products are egg free (on 15/12/11)

Plum Baby Foods

All Plum products are egg free (on 15/12/11)

Ella's Kitchen

Apple and raisin oat crumble
Spag bol

Babylicious/Kiddylicious

All Babylicious/kiddylicious products are egg free (on 15/12/11)

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COMMERCIAL BABY FOODS CONTAINING WHEAT

Heinz

Mums own jars

Apple crumble with vanilla custard
Cheesy pasta with ham
Cheesy tomato pasta stars
Mini spaghetti with 6 vegetables
Fruit custard crumble
Pasta bolognese
Pasta and pesto chicken
Peach and chicken pasta
Seaside pasta with tuna
Spaghetti bolognese
Sweet vegetables and pasta stars

Cook at home

Baby pasta stars

Heinz cans

Cauliflower cheesy pasta and potato
Cheesy hoops potato and cauliflower
Pasta bolognese
Sausage pasta bake
Spaghetti hoops and pork sausage

Spaghetti bolognese (7+ months)
Strawberry cheesecake

Dried baby foods

Banana multigrain cereal
Cheesy vegetable pasta
Golden vegetables and chicken
Mini berry flakes
Oats and apple cereal
Oat and banana cereal

Rusks/biscuits

Apple biscotti
Banana rusks
Chocolate biscotti
Farley's biscuits
It's all good cheese crackers
Mini rusks
Original rusks
Organic biscotti
Organic gingerbread biscotti
Reduced sugar rusks– original
Wholemeal rusks

Organix

Cereals

7 Multigrain cereals

Savoury jars/pots

Chicken and red pepper lasagne
Fruity lamb, potato and cous cous
Pasta bolognese
Pasta stars with bolognese sauce (stage 2)
Wholegrain pasta with aubergine and peppers (stage 2)
Wholegrain pasta with chicken and broccoli
Wholegrain pasta with pea and pesto

Biscuits

Alphabet biscuits
Animal biscuits
Baby finger biscuits
Cheese and onion bites
Cocoa cookie bites
Gingerbread gang biscuits
Gingerbread men orange cookie bites
Little sticks (tomato and basil)

Little sticks (traditional)

Moon biscuits
Oaties
Organic baby biscuits
Organic soft rusks
Tomato and basil bites

Plum Baby Foods

Breakfast

Four grain muesli with strawberry and banana
Four grain super porridge with apple and apricot
Four grain super porridge with plum and banana

Meals/desserts

Ditalini pasta with pesto and super greens
Giant cous cous with chicken, squash and red pepper
Root vegetable and beef ragout

Snacks

Oat rounds with orange oil and ginger
Savoury bakes with parmesan
Savoury bakes with carrot

Spelt breadsticks with mild pecorino cheese
Spelt breadsticks with tomato
Spelt fingers with apple
Spelt fingers with pomegranate
Spelt fingers with raspberry

COMMERCIAL BABY FOODS CONTAINING WHEAT

Cow and Gate

Breakfast baby food

Baby wheat flakes
Fruity muesli
My first muesli
My first banana muesli
Wheaty biscuit

Savoury jars/meals

Autumn orchard chicken
Beef casserole
Beef stroganoff
Carrot, potato and lamb hotpot
Cheesy pasta with tomatoes and vegetables
Cheesy vegetable lasagne
Cheesy vegetables
Chicken and tasty vegetable pot
Chicken, pasta and sweet vegetables
Chicken Sunday lunch
Creamy chicken
Creamy chicken curry
Creamed cottage pie
Creamy mushroom and chicken with noodle
Grandma's Sunday lunch
Mamma's macaroni
Mediterranean beef stew
Mini beef casserole
My favourite spaghetti bolognese

Oriental chicken
Pasta and creamy carbonara
Pumpkin & carrot with chicken
Scrummy spaghetti bolognese
Scrummy tuna penne
Sweet squash and chicken
Tasty cottage pie
Tuna pasta in a creamy tomato sauce
Yummy harvest chicken

Little steamed meals

Chicken pasta with tomato and mushroom
Macaroni with beef & sweet vegetables
Pasta with tomato, spinach and cheese
Red pepper and carrots with Turkey
Spaghetti bolognese

Desserts

Apple and cookie crumble
Apple and pear
Apple crumble
Banana and cookie crumble
Fruity crumble
Juicy fruit crumble

Babylicious/Kiddylicious

Cheesy pasta with tomato and basil lasagne
Pasta with cheese, broccoli and tomato
Potato topped tuna and sweetcorn pie
Spaghetti bolognese
Tomato & bean casserole

Ella's Kitchen

Stage 3 meals/sides

Super scrummy salmon risotto
Pasta- has to be

Snacks

Apple and ginger baby cookies
Apple, raisin and cinnamon bakey bakies
Cheese and spinach bakey bakies
Milk and vanilla baby cookies
Orange and pear stacks of sticks
Perfectly pleasing tomato-y pasta
Spaghetti bolognese
Wholegrain stacks of sticks

Hipp Organic

Jars/Pots

Apple and banana crumble
Breakfast duet (all varieties)
Cheesy leek and chicken macaroni
Cheesy pasta bake
Creamy vegetable pasta
Fruity vegetable tajine with couscous
Pancakes with apple and cinnamon sauce
Pasta in a tomato and ham sauce
Pasta italienne with ham
Pasta and pork with tomato and herbs
Pasta twists with courgette and mozzarella
Pasta with tomatoes and carbonara
Penne with tomato and courgette
Rigatoni napoli
Spaghetti bolognese
Spaghetti carbonara
Spaghetti with tomatoes and mozzarella
Sweet red pepper and aubergine penne
Vegetable lasagne
Vegetables with noodles and chicken

Microwaveable

Chunky vegetable pasticcio
Classic spaghetti bolognese
Scrumptious lasagne
Squiggly spaghetti in tasty tomato and mozzarella sauce

Dried baby foods/biscuits

Apple banana and 4 cereal breakfast
Biscotti
Creamy porridge
Crumbly rusks
Elephant biscuits

This list does not include all manufacturers. Please refer to the note on page 3 and 4.