

COMMERCIAL BABY FOODS CONTAINING MILK

Heinz

Mums Own Jars

Breakfasts/Desserts

Apple and banana breakfast
Apple and mango breakfast
Apple and pear cream fool
Banana and chocolate dessert
Banoffee pudding
Creamed porridge
Egg custard
Lemon soufflé
Raspberry and banana whip
Strawberry peaches and cream

Savoury Jars

Apricot butternut and chicken risotto
Cauliflower and broccoli cheese
Cheesy pasta with ham
Cheesy vegetable pasta
Cheesy vegetables with spaghetti
Cheesy vegetables and fish
Cheesy tomato pasta stars
Cottage pie
Fruity chicken casserole
Seaside pasta with tuna
Shepherds pie
Sweet potato and red pepper pasta stars
Sweet vegetables and pasta stars
Vegetable bake
Vegetable and sweet potato medley

Mums Own Trays

Chunky vegetable risotto
Juicy apricot chicken with rice
Pasta with chicken and cheese sauce
Spaghetti bolognese
Vegetable and tuna pasta bake

Globetrotters (jars)

Caribbean vegetables with fruity rice
Creamy vegetable curry
Chicken, spinach & mushroom gratin
Rice & tender lamb curry
Vegetable pasta napoletana

Cook at Home

Four cheese ravioli
Lamb casserole sauce
Mild and fruity chicken curry sauce
Mediterranean ravioli
Spinach ricotta ravioli
Three cheese sauce
Vegetable tortellini

Heinz Cans

Beans with vegetables and sausage
Cauliflower cheese pasta with potato
Cheesy hoops potato and cauliflower
Chocolate pudding
Creamed porridge
Egg custard with rice
Rice pudding
Spaghetti hoops and pork sausage
Strawberry cheesecake
Tomato beans and sausage
Tomato beans with bacon
Vegetables beans and bacon

Dried Baby Foods

Cauliflower and broccoli cheese
Cheesy vegetable pasta
Creamy oat porridge
Fruit and yogurt
Fruity muesli
Golden vegetables and chicken
Mediterranean vegetables and rice
Oats and apple cereal
Peachy porridge
Peach yogurt
Shepherds pie with lamb
Sunrise banana

Rusks/Biscuits/Crackers

Apple biscotti
Chocolate biscotti
Gingerbread biscotti
Mini cheese crackers
Mini veggie crackers
Organic biscotti
Reduced sugar gluten free rusk
Reduced sugar banana rusk

Fruity Pots (all varieties)

Plum Baby foods

Pots

Aubergine and sweet pepper provencale
Carrot lentil and cheddar
Ditalini pasta with pesto and supergreens
Parsnip carrot and cheddar mash
Root vegetable and beef ragout

Fromage frais

All varieties

Cow & Gate

Breakfast Baby Foods

Apple & banana porridge
Banana porridge
Creamy/Creamed porridge
Fruity porridge

Savoury Jars/Meals

Baby cauliflower cheese
Beef casserole
Beef stroganoff
Broccoli cheese
Creamy chicken
Creamy mushroom and chicken noodle doodle
Fisherman's tuna and vegetable bake
Mamma's macaroni
Mini beef casserole
Orchard chicken
Oriental chicken
Penne napolitana
Papas pasta bake
Pasta and creamy carbonara
Spaghetti with tomato and mozzarella
Taste of autumn vegetables
Vegetable and chicken noodle doodle
Vegetable lasagne

Sauces

Tasty cheese sauce
Tomato and mascarpone sauce

Desserts

Apple and banana swirl
Apple and banana yogurt
Apple crumble
Apples and custard
Baby berry yogurt
Banana dairy dessert
Banana and cookie crumble
Banana delight
Blueberry and raspberry yogurt
Fruity crumble
Fruity yogurt
Juicy fruit crumble
Peach dairy dessert
Raspberry dairy dessert
Rice pudding
Strawberry dairy dessert
Strawberry yogurt

Organix

First Cereals

Creamy apple and raspberry cereal
Creamy oat porridge

Pots

Apple and mango rice pudding
Banana porridge
Banana and strawberry fruity custard
Peach fruity custard
Pasta with aubergine and red pepper (stage 2)
Vegetables with cheese and rice (stage 2)

Biscuits/Finger foods

Baby finger biscuits
Cheese and onion number bites
Curly puffs (tomato, cheese and herb)
Curly puffs (cheese & herb)
Moon biscuits
Organic baby biscuits
Organic soft rusks
Organic soft rusks – orange

Please note all other Organix products are milk free

Ella's Kitchen

Stages 2 & 3

(stage 1 foods are milk free)

Banana baby brekkie
Mango baby brekkie
Fabulously filling fish pie with mash
Super scrummy salmon risotto
Super scrummy strawberry 'n' cream rice pudding

Babylicious/Kiddylicious

Cheesy pasta with tomato and basil
Cottage pie (kiddylicious)
Creamy salmon and broccoli mornay
Fruity chicken curry and rice
Lasagne
Pasta with broccoli, cheese and tomato
Potato topped tuna and sweetcorn pie
Vegetable and Cod in parsley sauce

Hipp Organic

Stage 1

Apple and banana crumble
Banana custard
Banana yogurt breakfast
Banana and blueberry yogurt
Creamed porridge breakfast
Creamy rice breakfast
Cauliflower cheese
Cheesy spinach and potato bake
Creamy parsnip, potato and cauliflower
Fruit and yogurt (all varieties)
Penne with tomato and courgette
Rice pudding
Vegetable and lentil bake

Stage 2

Apple and vanilla dessert
Blueberry and apple yogurt
Breakfast duet (all varieties)
Cheesy pasta bake
Cocoa and vanilla dessert
Creamy vegetable pasta
Fruit duet (all varieties)
Mediterranean potato and lamb
Rice pudding with apple and pear
Rigatoni napoli
Spaghetti carbonara
Spaghetti with tomatoes and mozzarella
Strawberry and raspberry yogurt
Vegetable lasagne

Pots

Creamed root vegetables with apple
Sweet red pepper and aubergine penne
Fruity vegetable tajine with couscous
Cheesy leek and chicken macaroni
Mediterranean ratatouille with gnocchi

Stage 3

Cheesy vegetable jumble
Chunky vegetable and beef casserole
Creamy rice pudding with apple
Gnocchi with creamy leek sauce
Pancakes with apple and cinnamon sauce
Pasta with tomatoes and mozzarella
Spaghetti carbonara
Vegetable and turkey casserole

Stage 4

Pasta twists with courgette and mozzarella
Vegetable and rice with chicken bites and peas
Vegetable lasagne

Dried baby foods

Banana and peach breakfast
Creamy porridge (all varieties)
Creamy rice and apple breakfast
Creamy rice breakfast
Creamy rice pudding

Microwaveable

Hearty vegetable and beef casserole
Potato, pumpkin and chicken scrumble
Scrumptious lasagne
Squiggly spaghetti in tasty tomato and mozzarella sauce
Vegetable lasagne
Wholesome vegetable and chicken risotto

Biscuits

Biscottes
Ruskits
Elephant biscuits

COMMERCIAL BABY FOODS CONTAINING EGG

Heinz

Mums Own Jars

Egg custard
Lemon soufflé
Spaghetti Bolognese (10+ months)

Mums Own Trays

Pasta with chicken and cheese sauce
Spaghetti bolognese
Vegetable and tuna pasta bake

Heinz Cans

Cauliflower cheese pasta with potato
Cheesy hoops potato and cauliflower
Egg custard with rice
Spaghetti bolognese
Tomato and chicken pasta bake
Vegetable and chicken noodle

Cook at Home

Four cheese ravioli
Mediterranean ravioli
Spinach ricotta ravioli
Vegetable tortellini

Hipp Organic

Chunky vegetable pasticcio
Gnocchi with creamy leek sauce
Mediterranean ratatouille with gnocchi
Pancakes with apple and cinnamon sauce
Pasta with tomatoes and mozzarella*
Pasta twists with courgette and mozzarella
Squiggly spaghetti in tasty tomato and mozzarella sauce
Spaghetti bolognese (stage 4)
Spaghetti carbonara
Scrumptious lasagne
Vegetable lasagne

*Stage 2 Hipp organic spaghetti with tomatoes and mozzarella does not contain egg.

Cow and Gate

Savoury Jars/Meals

Big boys (and girls) bolognese
Chicken tagliatelle
Creamy mushroom and chicken noodle doodle
Fishermans tuna and vegetable bake
Mamma's macaroni
My favourite spaghetti bolognaise
Papas pasta bake
Pasta and creamy carbonara
Penne napolitana
Scrummy spaghetti bolognaise
Scrummy tuna penne
Spaghetti with tomato and mozzarella
Sweet squash and chicken
Tuna pasta in a creamy tomato sauce
Vegetable and chicken noodle doodle
Vegetable lasagne

Organix

All Organix products are egg free

Plum Baby foods

All Plum products are egg free

Ella's Kitchen

All Ella's Kitchen products are egg free

Babylicious/Kiddylicious

Sweet and sour vegetables with rice

COMMERCIAL BABY FOODS CONTAINING WHEAT

Heinz

Mums Own Jars

Cheesy pasta with ham
Cheesy vegetables with pasta
Cheesy vegetables with spaghetti
Cheesy tomato pasta stars
Pasta bolognese
Pasta and pesto chicken
Peach and chicken pasta
Seaside pasta with tuna
Spaghetti bolognese
Sweet potato and red pepper pasta stars
Sweet vegetables and pasta stars

Mums Own Trays

Pasta with chicken and cheese sauce
Vegetable and tuna pasta bake

Globetrotters

Chicken chasseur
Vegetable pasta napoletana

Cook at Home

Baby pasta stars
Baby pasta spaghetti
Four cheese ravioli
Little pasta animals with carrots and tomato
Mediterranean ravioli
Mixed cereal pasta
Spinach ricotta ravioli
Vegetable tortellini

Heinz Cans

Cauliflower cheese pasta with potato
Cheesy hoops potato and cauliflower
Pasta bolognese
Sausage pasta bake
Spaghetti hoops and pork sausage
Spaghetti bolognese
Strawberry cheesecake
Tomato and chicken pasta bake
Vegetable and chicken hotpot
Vegetable and chicken noodle

Dried Baby Foods

Banana multigrain
Cheesy vegetable pasta
Discovery numbers
Fruity muesli
Golden vegetables and chicken
Mini berry muesli
Mini cheese crackers
Mini veggie crackers
Oats and apple cereal

Rusks/Biscuits

Original rusks
Reduced sugar rusks– original
Reduced sugar rusks – banana
Mini rusks
Organic biscotti
Apple biscotti
Bear biscuits
Chocolate biscotti
Farley bear biscuits
Gingerbread biscotti
At the farm biscuits
At the zoo biscuits

Organix

Savoury Pots

Organic pasta stars with bolognese sauce (stage 2)
Pasta with aubergine and red pepper (stage 2)

Biscuits

Alphabet biscuits
Animal biscuits
Baby finger biscuits
Cocoa cookie bites
Orange cookie bites
Cheese and onion number bites
Tomato and basil number bites
Gingerbread gang biscuits
Gingerbread men
Moon biscuits
Oatie biscuit
Organic baby biscuits
Organic soft rusks
Organic soft rusks – orange

All other Organix products are wheat free

Plum Baby Foods

Ditalini pasta with pesto and super greens
Root vegetable and beef ragout
Summer pudding
Apple and prune breakfast
Four grain super porridge with apple and apricot
Four grain super porridge with plum and banana
Peach and pear spelt granola
Minky moons with chamomile and vanilla
Oatie rounds with orange oil and ginger
Spelt fingers with apple
Spelt fingers with pomegranate

Cow and Gate

Dried Baby Foods

Apple and blueberry cereal
Fruity muesli
Multigrain banana porridge
My first muesli
My first banana muesli
Strawberry crunch cereal
My first spaghetti
My mini macaroni
My storybook pasta

Savoury Jars/Meals

Autumn orchard chicken
Beef casserole
Beef stroganoff
Big boys (and girls) bolognese
Chicken and squash pasta bake
Chicken and tasty vegetable pot
Chicken sunday lunch
Chicken tagliatelle
Chunky vegetable and beef casserole
Creamy chicken
Creamy chicken curry
Creamed cottage pie
Creamy mushroom and chicken noodle doodle
Fishermans tuna and vegetable bake
Grandma's sunday lunch
Hearty pork and apple dinner
Mamma's macaroni
Mediterranean beef stew
Mediterranean vegetable bake
Mini beef casserole
My favourite spaghetti bolognese
Oriental chicken
Penne napolitana
Papas pasta bake
Pasta and creamy carbonara
Scrummy spaghetti bolognese
Scrummy sunday lunch
Scrummy tuna penne
Spaghetti with tomato and mozzarella
Sweet squash and chicken
Taste of autumn vegetables
Tasty cottage pie
Tasty tomato and bean pot
Tasty tuna and tomato with rice
Tuna pasta in a creamy tomato sauce
Vegetable and chicken noodle doodle
Vegetable lasagne
Yummy harvest chicken
Yummy lancashire hotpot

Desserts

Apple crumble
Banana and cookie crumble
Fruity crumble
Juicy fruit crumble

Babylicious/Kiddylicious

Cheesy pasta with tomato and basil
Lasagne
Pasta with broccoli, cheese and tomato
Potato topped tuna and sweetcorn pie
Spaghetti bolognese

Ella's Kitchen

No Ella's kitchen products contain wheat

Hipp Organic

Jars/Pots

Apple and banana crumble
Breakfast duet (all varieties)
Creamed porridge breakfast
Cheesy leek and chicken macaroni
Cheesy pasta bake
Creamy vegetable pasta
Fruity vegetable tajine with couscous
Pancakes with apple and cinnamon sauce
Pasta in a tomato and ham sauce
Pasta italienne with ham
Pasta and pork with tomato and herbs
Pasta twists with courgette and mozzarella
Penne with tomato and courgette
Rigatoni napoli
Scrumptious lasagne
Spaghetti bolognese
Spaghetti carbonara
Spaghetti with tomatoes and mozzarella
Sweet red pepper and aubergine penne
Tagliatelle with fish in creamy broccoli sauce
Vegetable lasagne
Vegetables with noodles and chicken

Microwaveable

Chunky vegetable pasticcio
Squiggly spaghetti in tasty tomato and mozzarella sauce

Dried baby foods/Biscuits

Apple banana and four cereal breakfast
Creamy porridge (wheat-based)
Ruskits
Elephant biscuits
Biscottes

NOTE: This Commercial Baby Foods List relates to EAT Study participants. It is not for use by non-participants. Also, this list does not include all manufacturers, and recipe ingredients may change since the time of last review. If unsure, please check ingredient labels.